






June 2019

Grover Cleveland Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
3 Senior Transportation - Betty's Telephone number - 973-226-5108	4 <i>No Bus today</i> <i>No Fitness today</i> 	5 Caldwell / West Caldwell Senior Pool Party Knitting 10:30 -12:00	6 <i>Chair Yoga with Joanne: 11:00 \$1</i> Citi Green's Farmer's Market Veggie Stand on Town Green 11:00 -1:00 Free Lunch and Games sponsored by West Essex Sunrise 12:00 noon	7 Summer Hours: Senior Center Closes at 1:00 p.m. today TIA CHI - 11:15 \$20/3 classes
10 	11 <i>Fitness: 11:00 \$2</i> <i>Senior Bus is going to Livingston Mall</i>	12 Knitting 10:30 -12:00 	13 <i>Chair Yoga with Joanne: 11:00 \$1</i> Citi Green's Farmer's Market Veggie Stand on Town Green 11:00 -1:00 <i>Pizza and Bingo 12:00 \$4</i>	14 Summer Hours: Senior Center Closes at 1:00 p.m. today TIA CHI - 11:15 \$20/3 classes
17 	18 <i>Fitness: 11:00 \$2</i> <i>Senior Bus is going to Target</i>	19 Caldwell / West Caldwell Senior Closing Party at Forte's Knitting 10:30 -12:00	20 <i>Chair Yoga with Joanne: 11:00 \$1</i> Citi Green's Farmer's Market Veggie Stand on Town Green 11:00 -1:00	21 Summer Hours: Senior Center Closes at 1:00 p.m. today TIA CHI - 11:15 \$20/3 classes
24 Senior Center's Telephone number ~ 973-403-4637	25 <i>No Fitness today</i> <i>Senior Bus is going to Parsippany Target</i>	26 Sorry No Knitting 	27 Citi Green's Farmer's Market Veggie Stand on Town Green 11:00 -1:00 <i>Sorry No Chair Yoga Today</i> West Caldwell Gazabo Concert 7:30 tonight	28 Summer Hours: Senior Center Closes at 1:00 p.m. today





JUNE 2019



Happy Father's Day!

Senior Bus: The senior bus travels each day, Monday through Friday, to Jack's, Shoprite and Stop and Shop. On Tuesday, June 11th we will go to Livingston Mall; on June 18th we will be going to Target and on June 25th we are going to Parsippany. Make your reservation by calling Betty between 8:15 and 8:45 at 973-226-5108. Sorry no bus on June 4th.

Farmer's Market: On Thursday, June 6th and every Thursday throughout the summer, the Caldwell Health Department will be hosting a City Green's Farmer's Market Truck on the Caldwell Green from 11:00 – 1:00. Stop by to purchase some fresh fruits and veggies.

Fitness: Please join us on Tuesdays at 11:00 for our Senior Fitness Class. The cost is \$2.00 a class. This is a great way to stay in shape for the summer!!! Please note there is no class on June 4th and 25th.

Chair Yoga: Please join us on Thursdays at 11:00 for our Chair Yoga with Joann Class. The cost is \$1.00 and takes place in the gym. Please note there is no class on June 27th!!

Pizza & BINGO: Please join us on Thursday, June 13st at 12:00 noon for Pizza and Bingo. The cost is \$4 and you must sign up in advance.

West Essex Sunrise Luncheon: Please join us on Thursday, June 6th at 12:00 noon for a free lunch and Games at the senior center sponsored by Sunrise Assisted Living in Fairfield. You must sign up in advance to be included in this program.

Pool BBQ: The Caldwell/ West Caldwell Recreation Department will be sponsoring a Senior BBQ / Pool Party on June 5th from 11:30 to 3:00 at the Westville Pool. Please call the Recreation Department for more information at 973-226-3621.

Knitting Class: Join us on Wednesdays from 10:30 -12:00 for a group knitting class. This is a great way to learn new patterns while meeting new friends. Please note there is no knitting class on June 26th.

Caldwell/ West Caldwell Senior Club: The Caldwell / West Caldwell Senior Club will be having an end of the year party at Fortes on June 19th. For more information, please contact Bari at the Recreation Department at 973-226-3621.



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1 Provost Square, Caldwell 973-403-4637