

# Weekday Pool Schedule

The weekend schedule is on the back

|       | Monday   |   |          |   |   |   | Tuesday  |   |          |   |   |   | Wednesday |   |          |   |   |   | Thursday |   |          |   |   |   | Friday   |   |          |   |   |   |
|-------|----------|---|----------|---|---|---|----------|---|----------|---|---|---|-----------|---|----------|---|---|---|----------|---|----------|---|---|---|----------|---|----------|---|---|---|
|       | 1        | 2 | 3        | 4 | 5 | 6 | 1        | 2 | 3        | 4 | 5 | 6 | 1         | 2 | 3        | 4 | 5 | 6 | 1        | 2 | 3        | 4 | 5 | 6 | 1        | 2 | 3        | 4 | 5 | 6 |
| 5:30  | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   | Lap       |   |          |   |   |   | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   |
| 6:00  | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   | Lap       |   |          |   |   |   | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   |
| 6:30  | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   | Lap       |   |          |   |   |   | Lap      |   |          |   |   |   | Lap      |   |          |   |   |   |
| 7:00  | Lap      |   | Aqua     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Aqua     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Aqua     |   |   |   |
| 7:30  | Lap      |   | Aqua     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Aqua     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Aqua     |   |   |   |
| 8:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 8:30  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 9:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 9:30  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 10:00 | Lap      |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   | Lap       |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   |
| 10:30 | Lap      |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   | Lap       |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   | Lap      |   | Aqua (3) |   |   |   |
| 11:00 | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 11:30 | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 12:00 | Lap      |   | Swim Inc |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 12:30 | Lap      |   | Swim Inc |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 1:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 1:30  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 2:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 2:30  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 3:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Lessons  |   |   |   |
| 3:30  | Lap      |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap       |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   |
| 4:00  | Lap      |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap       |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   |
| 4:30  | Cyclones |   | Lessons  |   |   |   | Cyclones |   | Less     |   |   |   | Cyclones  |   | Lessons  |   |   |   | Cyclones |   | Less     |   |   |   | Lap      |   | Lessons  |   |   |   |
| 5:00  | CYCLONES |   |          |   |   |   | CYCLONES |   |          |   |   |   | CYCLONES  |   |          |   |   |   | CYCLONES |   |          |   |   |   | CYCLONES |   |          |   |   |   |
| 5:30  |          |   |          |   |   |   |          |   |          |   |   |   |           |   |          |   |   |   |          |   |          |   |   |   |          |   |          |   |   |   |
| 6:00  |          |   |          |   |   |   |          |   |          |   |   |   |           |   |          |   |   |   |          |   |          |   |   |   |          |   |          |   |   |   |
| 6:30  |          |   |          |   |   |   |          |   |          |   |   |   |           |   |          |   |   |   |          |   |          |   |   |   |          |   |          |   |   |   |
| 7:00  |          |   |          |   |   |   |          |   |          |   |   |   |           |   |          |   |   |   |          |   |          |   |   |   |          |   |          |   |   |   |
| 7:30  |          |   |          |   |   |   |          |   |          |   |   |   |           |   |          |   |   |   |          |   |          |   |   |   |          |   |          |   |   |   |
| 8:00  | Lap      |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap       |   | Lessons  |   |   |   | Lap      |   | Lessons  |   |   |   | Lap      |   | Open     |   |   |   |
| 8:30  | Lap      |   | Lessons  |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Lessons  |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 9:00  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |
| 9:30  | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap       |   | Open     |   |   |   | Lap      |   | Open     |   |   |   | Lap      |   | Open     |   |   |   |

The Weekday & Weekend Pool Schedule is effective from May 23<sup>rd</sup> to June 23<sup>rd</sup>.

The Pool closes 15 minutes before the facility closes (9:45 p.m. Mon-Fri).

# Weekend Pool Schedule

|       | Saturday |      |          |      |   |         | Sunday  |      |      |      |   |   |
|-------|----------|------|----------|------|---|---------|---------|------|------|------|---|---|
|       | 1        | 2    | 3        | 4    | 5 | 6       | 1       | 2    | 3    | 4    | 5 | 6 |
| 6:30  | Lap      |      | Cyclones |      |   |         | Lap     |      | Open |      |   |   |
| 7:00  | Lap      |      | Cyclones |      |   |         | Lap     |      | Open |      |   |   |
| 7:30  | Lap      |      | Cyclones |      |   |         | Lap     |      | Open |      |   |   |
| 8:00  | Lap      | Less | Cyclones |      |   |         | Lessons | Lap  |      | Aqua |   |   |
| 8:30  | Lap      | Less | Cyclones |      |   |         | Lessons | Lap  |      | Aqua |   |   |
| 9:00  | Lessons  |      | Cyclones |      |   |         | Lessons |      |      |      |   |   |
| 9:30  | Lessons  |      |          |      |   |         | Lessons |      |      |      |   |   |
| 10:00 | Lessons  |      |          |      |   |         | Lessons |      |      |      |   |   |
| 10:30 | Lessons  |      |          |      |   |         | Lessons |      |      |      |   |   |
| 11:00 | Lessons  |      |          |      |   |         | Lessons |      |      |      |   |   |
| 11:30 | Lessons  |      |          |      |   |         | Lessons |      |      |      |   |   |
| 12:00 | Lessons  |      | Lap      | Open |   | Lessons |         |      |      | Lap  |   |   |
| 12:30 | Lessons  |      | Lap      | Open |   | Lessons |         |      |      | Lap  |   |   |
| 1:00  | Lessons  |      | Lap      | Open |   | Lessons | Lap     |      | Open |      |   |   |
| 1:30  | Lessons  |      | Lap      | Open |   | Lessons | Lap     |      | Open |      |   |   |
| 2:00  | Lessons  | Lap  | Open     |      |   | Lap     |         | Open |      |      |   |   |
| 2:30  | Lessons  | Lap  | Open     |      |   | Lap     |         | Open |      |      |   |   |
| 3:00  | Lap      |      | Open     |      |   |         | Lap     |      | Open |      |   |   |
| 3:30  | Lap      |      | Open     |      |   |         | Lap     |      | Open |      |   |   |
| 4:00  | Lap      |      | Open     |      |   |         | Lap     |      | Open |      |   |   |
| 4:30  | Lap      |      | Open     |      |   |         | Lap     |      | Open |      |   |   |
| 5:00  | Lap      |      | Open     |      |   |         | Lap     |      | Open |      |   |   |
| 5:30  | Lap      |      | Open     |      |   |         |         |      |      |      |   |   |
| 6:00  | Lap      |      | Open     |      |   |         |         |      |      |      |   |   |
| 6:30  | Lap      |      | Open     |      |   |         |         |      |      |      |   |   |
| 7:00  | Lap      |      | Open     |      |   |         |         |      |      |      |   |   |
| 7:30  | Lap      |      | Open     |      |   |         |         |      |      |      |   |   |

## Pool Rules

**Please rinse off before entering the pool.** Showering helps remove sweat, lotions, sunscreen, bacteria and organic matter. This means the chlorine in the pool won't have to work as hard, and more illnesses can be prevented.

- No photos or video to be taken on the pool deck.
- No eating or drinking except for water on the pool deck. No Glass Allowed.
- Please have all children over the age of 5 use the family restroom or the gender appropriate restroom. There is to be no changing on the pool deck.
- Children who cannot swim 25 yds without a personal floatation device must be accompanied by an adult in the pool.

**Lifeguards are in charge of the pool at all times**

**Private/Semi-Private Swim lessons may use an Open Swim or Lap Lane if there is no designated Lesson lane at that time.**

Please be advised that if there is a weekend pool party, the schedule may be adjusted.

If you have any questions, please contact the Center at 973-228-7665.

**The Pool closes 15 minutes before the facility closes (7:45 p.m. on Sat & 4:45 p.m. on Sun).**

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