

	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 AM	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)
6:00 AM	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)
7:00 AM	Lap Swim (4) Aquacise (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Aquacise (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Aquacise (2)
8:00 AM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
9:00 AM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
10:00 AM	Lap Swim (3) Aquacise (3)	Lap Swim (3) Aqua Zumba (3)	Lap Swim (3) Aquacise (3)	Lap Swim (3) Aquacise (3)	Lap Swim (3) Aqua Zumba (3)
11:00 AM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
12:00 PM	Lap Swim (4) Swim Inc (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
1:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
2:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
3:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
4:00 PM	Lap Swim (2) Lessons (4)	Lap Swim (2) Lessons (4)	Lap Swim (2) Lessons (4)	Lap Swim (2) Lessons (4)	Lap Swim (2) Lessons (4)
4:30 PM	Swim Team (6)	Swim Team (6)	Swim Team (6)	Swim Team (6)	Lap Swim (2) Lessons (4)
5:00 PM	Swim Team (6)	Swim Team (6)	Swim Team (6)	Swim Team (6)	Lap Swim (2) Open Swim (2) Lessons (2)
6:00 PM	Swim Team (6)	Swim Team (6)	Swim Team (6)	Swim Team (6)	Lap Swim (4) Open Swim (2)
7:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (2) Open Swim (2) Aqua Zumba (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)
8:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	
9:00 PM	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	Lap Swim (4) Open Swim (2)	

	Saturday		Sunday
6:30 AM	Swim Team (4) Lap Swim (2)	6:30 AM	Lap Swim (4) Open Swim (2)
7:00 AM	Swim Team (4) Lap Swim (2)	7:00 AM	Lap Swim (4) Open Swim (2)
8:00 AM	Lap Swim (5) Lessons (1)	8:00 AM	Lap Swim (2) Aquacise (2) Lessons (2)
9:00 AM	Lessons (6)	9:00 AM	Lessons (6)
10:00 AM	Lessons (6)	10:00 AM	Lessons (6)
11:00 AM	Lessons (6)	11:00 AM	Lessons (6)
12:00 PM	Lap Swim (2) Open Swim (2) Lessons (2)	12:00 PM	Lap Swim (2) Open Swim (2) Lessons (2)
1:00 PM	Lap Swim (3) Open Swim (3)	1:00 PM	Lap Swim (3) Open Swim (3)
2:00 PM	Lap Swim (3) Open Swim (3)	2:00 PM	Lap Swim (3) Open Swim (3)
3:00 PM	Lap Swim (3) Open Swim (3)	3:00 PM	Lap Swim (3) Open Swim (3)
4:00 PM	Lap Swim (3) Open Swim (3)	4:00 PM	Lap Swim (3) Open Swim (3)
5:00 PM	Lap Swim (3) Open Swim (3)		

The Pool closes 15 minutes before the facility closes (9:45 p.m. Mon-Thurs, 7:45 p.m. on Fri, 5:45 p.m. on Sat & 4:45 p.m. on Sun).

Private/Semi-Private Swim lessons may use an Open Swim lane if there is no designated Lesson lane at that time.

To ensure the safety of our patrons & staff, please see the rules on the back of the schedule. The lifeguards are in charge of the pool.

If you have any questions, please contact the Aquatics Department at 973-228-7665.