



Kids Karate

WEDNESDAYS @ 6 PM

10 Classes

Ages 5-12



Fall Session: October 12th to December 21st

No Class 11/23

Winter Session: January 4th to March 8th

FEES:

\$80 member

\$100 non-member

The Jersey Judo Karate Academy of Kenil will be instructing the Isshinryu style of Karate. The skills learned help students develop coordination, balance, posture and endurance. Students also gain self-confidence and discipline through progression in Karate. Jersey Judo Karate Academy is run by Sensei Rick Norris a Hachi-Dan (8th degree black belt) and the academy's staff includes over 75 certified, fully trained black belts.

Registration can be done in-person at the Center or over the phone at 973-228-7665.