



# Kids Karate with Jersey Judo Academy



WEDNESDAYS @ 6 PM  
Ages 5-12

**Summer Session: July 11<sup>th</sup> to September 5<sup>th</sup>**  
No Class Wednesday, August 15<sup>th</sup>

**FEES:**

\$80 member

\$100 non-member

The Jersey Judo Karate Academy of Kenil will be instructing the Isshinryu style of Karate. The skills learned help students develop coordination, balance, posture and endurance. Students also gain self-confidence and discipline through progression in Karate. Jersey Judo Karate Academy is run by Sensei Rick Norris a Ku-Dan (9<sup>th</sup> degree black belt) and the academy's staff includes over 75 certified, fully trained black belts.

**Registration can be done in-person at the Center or  
over the phone at 973-228-7665.**

If you have any questions about our youth programs, please call the Center or send an email to [scornine@caldwell-nj.com](mailto:scornine@caldwell-nj.com).



Caldwell Community Center - 1 Provost Square - 973-228-7665  
[www.caldwell-nj.com/communitycenter](http://www.caldwell-nj.com/communitycenter)